

KNIGHTS YOUTH PROGRAM 2023



Boys and girls
From U13 to U17

We aim to provide young football players at all levels with opportunities to play, develop and reach their potential

Tier 1

The Tier 1 program is for boys and girls from U13 to U17 who like to train more and be challenged.

Combined with the Academy program led by James Sherman, it aims to better prepare players for youth competitions and senior football through more training and playing opportunities with qualified coaches.

Trials for U13 to U16 will be held over 2 weeks to help players decide their suitability for the program. Training for U17 starts on 11 January 2023. Tier 1 teams play in the Southern Youth Premier League.

Tier 2

The Tier 2 program is for players from U13 to U18 who want to play for fun, fitness and to be part of a team.

It includes games on weekends and training 1-2 times a week.



WHAT'S INCLUDED	TIER 1	TIER 2
Trials	31 Jan - 9 Feb	—
Training sessions per week	2 Academy + 1 team	1 or 2
Season start	18 March	25 March
Player registration	✓	✓
Training kit	Sky blue	Navy blue
Playing top, shorts + socks	✓	✓
Games during season on weekends	✓	✓
Final Four series	✓	—
Additional games before/after season	✓	—
Strength and conditioning support	✓	—
End of season presentation	✓	✓
REGISTRATION FEE	\$850	\$450

Families are welcome to discuss flexible payment options
Ticket-to-play can be used if eligible

CONTACTS

Youth Coordinator

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