

Academy

This is for boys and girls who like to train more and be challenged. It aims to better prepare players for youth competitions and senior football through more training and playing opportunities with qualified coaches. Depending on discounts applied for volunteer support and the Womens Super League 2024 promotion, the registration fee is between \$975-\$1125 for boys and \$790-\$845 for girls.

Youth

This is for boys and girls who want to play for fun, fitness and to be part of a team. It includes games on weekends and training 1-2 times a week. The registration fee is \$525-\$600 for boys and with the Women Super League 2024 promotion applied, is between \$395-\$450 for girls.

2024 Teams

Boys:

Southern Youth Premier League U13, U14, U15, U17 Southern Youth U14, U15 - other age groups will depend on demand

Girls:

Southern Youth Premier League U13, U15, U18 Southern Youth U13/U14 combined

Key Dates

Tuesday 16 January

Knights Academy Introduction & Tryouts Tuesdays and Thursdays over 2 weeks KGV Football Park, 4:30-6pm

Tuesday 30 January

Knights Academy starts Tuesdays and Thursdays KGV Football Park, 4:30-6pm

Wednesday 14 February

Youth trainings start Wednesdays Prince of Wales Sports Ground, Time TBA

15-17 March

Southern Youth Premier League starts

5-7 April

Southern Youth starts

GET IN TOUCH

What's Included	Academy	Youth
Training start date	30 January By invitation following Try out sessions	14 February
Training sessions per week	2 to 3	1 to 2
Player registration		
Training kit	Light Blue	Navy Blue
Playing top, shorts & socks		
Games during season	Southern Youth Premier League (Tier 1) or Southern Youth (Tier 2)	Southern Youth
Additional games before/after season		
Strength and conditioning support		
End of season presentation		