

# GLENORCHY KNIGHTS JUNIOR PROGRAM

## 2024

Under 5 to Under 12

Boys & Girls



To better prepare our players for youth competitions as they get older, players in U8 to U12 age groups are required to take part in the Knights Skills Program (KSP)

The aim of the KSP is to provide our junior players with access to more training sessions with qualified coaches.

Up to 3 KSP sessions will be available to players every week, and 1 team training session (so up to 4 sessions in total).

The expectation is for each player to attend at least 2 sessions each week (1 KSP and 1 team training).

Training more than once a week improves players skills and fitness.

Our coaching staff are very keen to help players develop and reach their potential.

The coaching team is led by **James Sherman**, Academy Director. James has a B-Licence in coaching and is currently working towards an A-Licence. He is also the coach of the Glenorchy Knights Mens National Premier League Tasmania team.



## U8 to U12

Training for all players in the U8 to U12 age groups will include the Knights Skills Program (or KSP).

### KSP Training

There will be 3 sessions each week

- Starts **Wednesday 14 February 2024**
- Mondays/Wednesdays/Fridays
- 4-5pm at Eady Street Sports Ground
- Players are encouraged to attend at least 2 sessions per week
- Breaks in school holidays

### Team Training

There will be 1 session per week

- Starts **Wednesday 13 March 2024**
- Day to be advised by team coach
- 5-6pm at Eady Street Sports Ground
- Breaks in school holidays

### What's included.

- 27 weeks of football (Feb-Aug)
- Player registration
- Games on Saturdays (during season)
- KSP training with qualified coaches
- End of season presentation

### Cost

- **\$350** per player
- Payment options available
- **Ticket-To-Play** can be used for eligible concession card holders

There will be 4 training sessions available per week, the expectation is that players attend a minimum of 2 sessions (1 KSP and 1 team).

A playing kit is not included with registration fees. A full kit can be purchased separately for \$50 (red top, white shorts, blue socks).

## U5 to U7

Teams in the U5 to U7 age groups are available for boys and girls.

### Team Training

There will be 1 session per week

- Starts **Wednesday 13 March 2024**
- Day to be advised by team coach
- 4-5pm at Eady Street Sports Ground
- Breaks in school holidays

### What's included.

- 21 weeks of football (Mar-Aug)
- Player registration
- Games on Saturdays (during season)
- End of season presentation

### Cost

- **\$250** per player
- Payment options available
- **Ticket-To-Play** can be used for eligible concession card holders



For further information contact

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To register via Play Football, go to  
[www.glenorchyknights.com](http://www.glenorchyknights.com)  
and click 'Play for Us' on the home page

Registrations open February 2024

Payment plans available



Glenorchy Knights Junior FC

